Lismore Performing Arts Festival

Thank you to all families who have returned their permission notes, parent/student agreement forms and paid the levy to participate in this event. If you have not already done so could you please ensure this is done by Thursday 20th August 2015.

Information regarding the purchase of tickets will be attached to this newsletter. Tickets can be purchased from The Lismore Workers Club from today Monday 10th August.

Performance dates are as follows:
Tuesday 25th August – Rehearsal and Evening performance
Wednesday 26th August – Evening – Small Schools Choir
Thursday 27th August – Whole school attending the Matinee performances – and Small Schools Choir
Thursday 27th August – Evening – Small Schools Choir.

A separate note outlining performance and rehearsal information is attached to this newsletter.

We will be having a dress rehearsal both here at school as well as at the workers. Could all students please bring in their black clothes (skivvy, tights/skinny jeans).

Good Luck

Good luck to the following students participating in the Northern Rivers Zone PSSA in Lismore this Friday 14th August. Mrs Lazzaroni will meet students at the fields
Jacob L - Long Jump, Shot Put & P6 Relay Team
Drew - P6 Relay Team
Lucy - P6 Relay Team
Tameka - Shot Put
Rebecca - P6 Relay Team
**Kindergarten Orientation**

Parents and community members are reminded that we will commence our Kindergarten Orientation Program for 2016 enrolments next term. Just to ensure parents are aware of these important dates we are providing some early notice. The days are spread out over Term 4 and allow our new students the opportunity to experience some time at ‘big school’ before they start next year. We would appreciate our school community passing this information onto parents who may be thinking of joining our fabulous small school next year.

Orientation Days:
- Wednesday 28 October 9:00 am - 11:30am
- Wednesday 4 November 9:00 am - 11:30am
- Wednesday 11 November 9:00 am - 1:30pm
- Wednesday 18 November 9:00 am - 1:30pm

**School Intensive Swim Scheme**

It is that time of year again when our school will participate in the Department of Education School Swimming Scheme. This program is an intensive learn to swim program, which develops water confidence and provides students with basic skills in water safety and survival. The Scheme is conducted over ten days commencing from Monday 7 September to Friday 18 September (weeks 9 & 10 this term) at the Goonellabah Sports & Aquatic Centre. Each daily lesson is 30 minutes.

The school will be paying for instruction by the qualified instructors. However, there will be a charge for pool entry and bus transport. It has been decided that the school and P&C will subsidise costs. A very big thank you to the P&C who, each year, subsidise the costly bus travel. Without this support our participation in the Swim Scheme might not be possible.

The total cost to parents for the 10 day scheme, entry to the pool and bus transport is $45.00 per student. This equates to just $4.50 per session.

Attached to this newsletter is a permission note.
Payments can be made in total ($45) or on a weekly basis ($22.50). Could notes and money, if paying weekly, please be returned by Thursday 3rd September 2015.

**Kitchen Kart Competition**

Thanks to a partnership with Get Kids Cooking, AIS and Nestlé Healthy Active Kids Program is giving you the opportunity to nominate your child’s school to win a Kitchen Kart valued at $25,000. The Kitchen Kart includes an oven, stovetop and kitchen sink, and comes complete with cooking tools, equipment, lesson plans linked to The Australian Curriculum, teacher training and online support to run simple, hands-on cooking classes for your whole school. The winning entrant will also personally receive a $1,000 VISA Load&Go Gift Card to go towards keeping your family healthy and active!

Five Runner-Up prizes of a $1,000 VISA Load&Go Gift card will be awarded to schools, with the intention the money be used to purchase cooking or sporting equipment to provide healthy educational opportunities for their students, (winners of a runner-up prize will personally receive a $100 VISA Load&Go Gift Card).

For your chance to win use the link to enter the competition [https://www.nestle.au.simplicitycrm.com/editors/content.aspx?config=HAK_KCComp_Aug15](https://www.nestle.au.simplicitycrm.com/editors/content.aspx?config=HAK_KCComp_Aug15)
School Attendances

A reminder that when students are absent from school a verbal or written explanation for the absence from parents must be provided to the school within 7 days of the absence. A verbal message via a student is not sufficient. Further information regarding school attendance can be obtained from the following website:  [http://www.schools.nsw.edu.au/studentsupport/programs/attendance.php](http://www.schools.nsw.edu.au/studentsupport/programs/attendance.php)

Lismore Performing Arts Festival

My Child / Children ______________________________________________ will be attending the whole school Lismore Performing Arts Festival _Rehearsal on Tuesday 25th August and the Matinee performance, Thursday 27th August_ at the Lismore Workers Club. It is an essential component of our performance staging.

I understand travel will be by Quinn’s Buses.  

Performance Levy: $15 per child; maximum of $30 per family

I have enclosed $_______ for the performing Arts Levy.

Name:_________________________       Phone: _______________________

Signature:_________________________

ABSENCE NOTE

My child: _____________________________       Class: ______________

was absent on: ____________ Message letter / verbal / phone: ______________________

Reason for Absence:  

☐ Sick   ☐ Medical Appointment   ☐ Family Reasons   ☐ Other

Details: ___________________________________________________________________________

Signed _____________________________________    Date: ______________________  

(Parent/Guardian)

ABSENCE NOTE

My child: _____________________________       Class: ______________

was absent on: ____________ Message letter / verbal / phone: ______________________

Reason for Absence:  

☐ Sick   ☐ Medical Appointment   ☐ Family Reasons   ☐ Other

Details: ___________________________________________________________________________

Signed _____________________________________    Date: ______________________  

(Parent/Guardian)

ABSENCE NOTE

My child: _____________________________       Class: ______________

was absent on: ____________ Message letter / verbal / phone: ______________________

Reason for Absence:  

☐ Sick   ☐ Medical Appointment   ☐ Family Reasons   ☐ Other

Details: ___________________________________________________________________________

Signed _____________________________________    Date: ______________________  

(Parent/Guardian)
Three interesting facts about kids and books we learned in the last week

July 31, 2015

At Better Reading Kids we love sharing great stories with children. Reading together is chilling out and bonding time, when you get to explore imaginary worlds and play with words. We’re passionate readers ourselves, and there’s nothing like passing your own passion on to kids.

We also understand that reading with kids gives them a great start in terms of literacy, academic achievement and emotional development.

We’re always keen to know more about the impact books can have on kids’ lives. This week we came across three interesting facts:

The number of books in their home has a greater impact on a child’s educational success than their parents’ education, family economic situation or the country they live in.

Livescience.com reported on research published in the journal ‘Research in Social Stratification and Mobility’, which showed that the number of books a child has access to at home is a very significant predictor of their educational success.

The results were based on data from 73,249 people living in 27 countries.

Previously, it was thought that the parents’ level of education was the most significant predictor for educational attainment. But the study found that in the U.S, having books in the home has as much impact as having university-educated parents.

And overall, having books in the home is twice as important as the father’s education level, and more important than whether a child grew up in China or the United States.

Bedtime reading is not just great for kids when they’re kids: it can set up lifetime habits that will help deal with stress in adulthood.

Readbrightly.com featured an article by Janet Krone Kennedy, PhD, about the benefits of reading to kids at bedtime. They include language and literacy development, physical closeness to their parents, and “it also gives older kids an opportunity to soften their defences and talk about things that might be troubling them.”

Bedtime reading provides focus and distraction from daily life, so kids can filter out the world and allow the feeling of fatigue to take over. Kennedy says “because bedtime reading happens when the child is tired and relaxed, it becomes associated with those feelings. Over time, bedtime reading actually triggers and enhances the sleepiness and relaxation because of that association. With repetition, bedtime reading becomes a very powerful sleep cue.”

More than that, Kennedy has found through her own experience and in her clinical psychology practice that adults struggling with poor sleep often benefit from returning to that bedtime-reading practice they learned as kids.

Many children as old as eleven don’t want their parents to stop reading aloud to them.

The big children’s publishing house Scholastic published their regular “Reading Report” some months ago now but we’re still catching up with some of the detail in it, including this observation:

Kids often want to be read aloud to, even once they’re reading independently. 60% of the kids surveyed who were aged 9-11 were no longer being read to at home. But 34% of those kids actually wanted the reading aloud to continue. (Scholastic’s survey was based on 2,558 parents and children in the U.S.) We say, go out and enjoy some stories with your kids, knowing it’s a good thing for all sorts of reasons!